

Y11 Exam Information

Health and Social Care
BTEC Tech Award Level 1&2



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KEY DATES

Component 2 Coursework Exam

P1-3 Thursday 20th November + extra time

P1-3 Friday 21st November + extra time

Gym

Component 3 Terminal Exam

May 5th 2026 AM 2hrs

+ extra time as required



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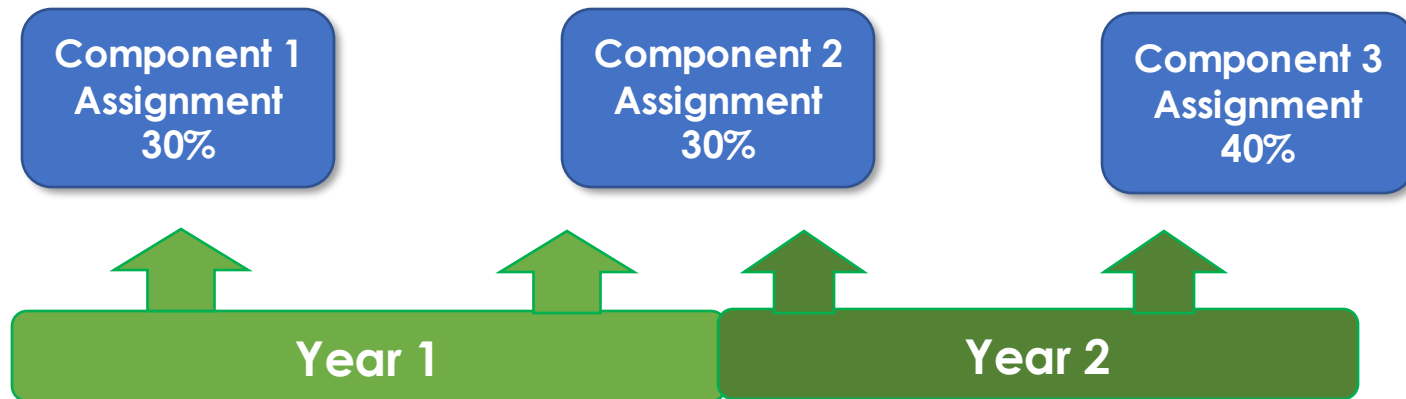
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EXAM BOARD OVERVIEW

Pearson BTEC Tech Award L1/2 Health and Social Care

Equivalent to a GCSE over a two year qualification.

Students have been learning about both **health care** and **social care** services, jobs and the behaviours professionals should use, when dealing with people.



Component 2 Coursework Exam - CONTENT

Component 2: Health and Social Care Services and Values (Coursework)

This unit enables understanding of the high standards expected in health and social services.

Students have investigated methods used to empower individual users of health and social care services to enable individuals to take control of their own care, and help them to ensure that their specific needs are met

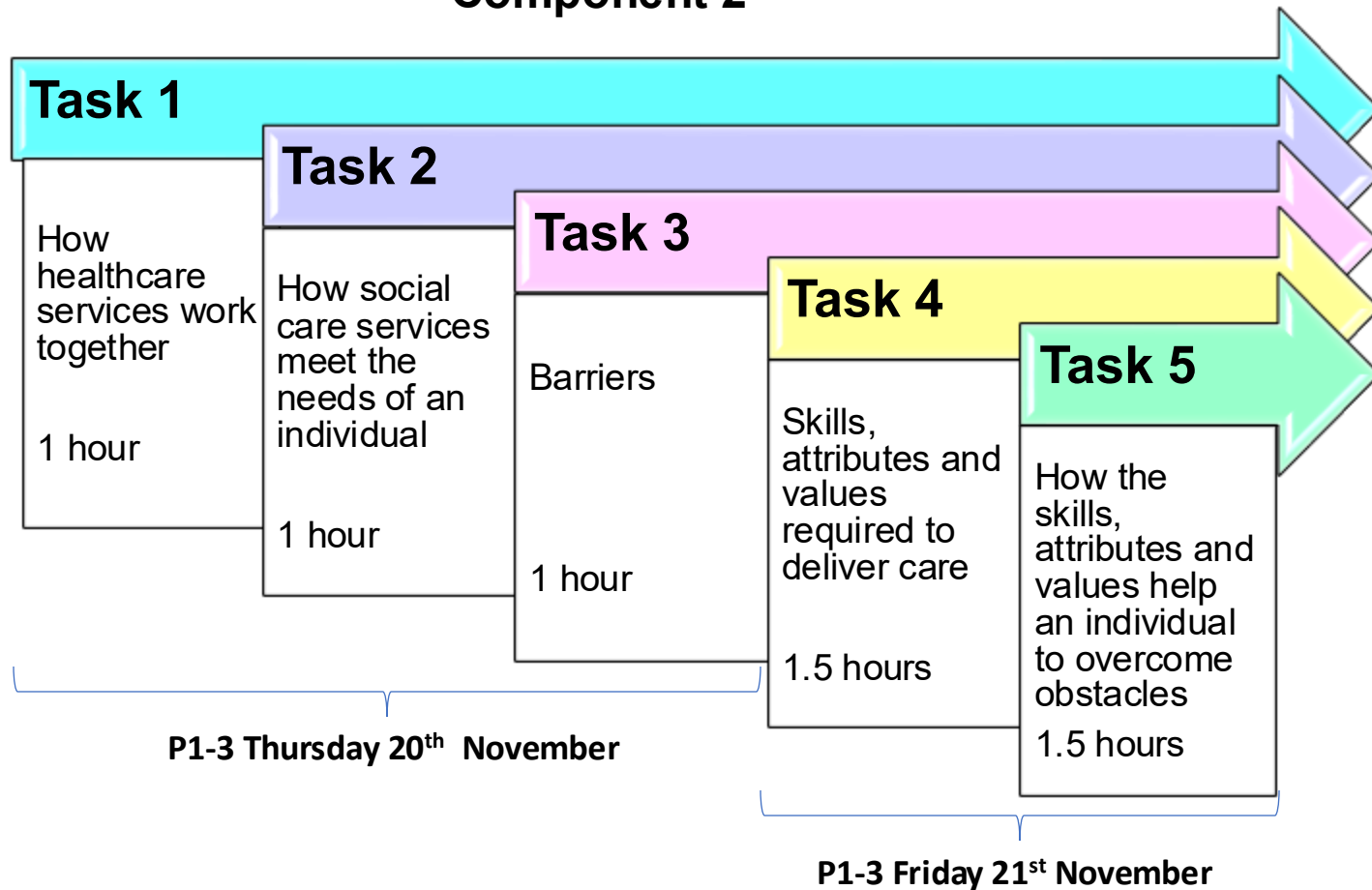


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Component 2



Component 3 Terminal Exam - CONTENT

Component 3: Health and Wellbeing (40% exam)

This unit explores some of the reasons why health-promotion activities are carried out, and the benefits of health-promotion work both for individuals and for the health and wellbeing of the nation as a whole.

Different forms of health-promotion activities are explored, that are used by health care workers.

Materials are produced for a health-promotion activity for a specified target group, related to the lifestyle choices people make.



FORMAT OF THE PAPER

[Link](#)

18 Questions

60 Marks

**One Paper
2 hours**

2 minutes per mark

**Case study information provided for
approx. 4 individuals**



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FORMAT OF THE QUESTIONS

[Link](#)

State / Identify / Give **Worth 1,2 or 3 marks**

Some of these questions are multiple choice or multiple response questions

Explain

Worth 2 or 4 marks

Marked in pairs: one mark for each identification point (1) and one mark for a linked expansion (1)

Command words used in questions

Discuss

2 x 6 mark questions

Synoptic questions: marked using a levels based marking grid

Synoptic:

means use your knowledge from across Components 1,2 & 3



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EXAM QUESTION FOCUS

[Link](#)

The positive or negative effects of factors on health and wellbeing
(Q1-7, sometimes Q8 also)

The impact on physical, intellectual, emotional and social health and wellbeing of different types of life event
(Q7-10)

Interpretation of physiological data according to published guidelines
(Q11)

Focused on the potential significance of abnormal readings of physiological indicators in terms of short term or long term risks
(Q12)

How lifestyle choices determine physical health
(Q13)

Person centred approach to improving health and wellbeing
(Q14)

How a person's circumstances could affect their ability to follow recommendations for improving health
(Q15)

Recommendations and actions that are aimed at improving health and wellbeing
(Q16a)

Support available when following recommendations (informal/formal)
(Q16b)

Barriers and obstacles to following recommendations
(Q17a & 17b)

How a person's circumstances could affect an area of their PIES development during a particular life stage
(Q18)



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RESOURCE LOCATION

<https://www.erevision.uk/>

<https://www.erevision.uk/>

eRevision
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Motivate students with varied, engaging activities & exam-style questions, based on the new GCSE, BTEC, OCR Ne specifications

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I was very impressed with how motivating & engaging it is!
J Ermina, Teacher & Peer Reviewer

SPECIAL OFFER: Currently each and all packages of eRevision are free to individual **students** until 31/3/2024. See more information.

www.erevision.uk

Students should use the 'Forgotten my password' link on the login page to set up a new password.

Will be linked to KO homework's.



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A Component 3 Physiological Indicators		
1	Heart rate	Measure of heartbeats per minute.
2	Adrenaline	A hormone that helps you respond quickly to a threat or stress.
3	Arteries	Blood vessels that carry blood away from the heart.
4	Illness	Disease or period of sickness that affects body or mind.
5	Impairment	Loss or abnormality of a body function.

B Component 1 & 2 Life Span Development & Services and Values		
1	Development	Involves gaining new skills and abilities.
2	Growth	Increase in body size in terms of height or weight.
3	Health and wellbeing	Events that cause changes to the body, physical or mental health or mobility.
4	Life event	Something that happens to people as they move through life.
5	Holistic	Considers looking at the whole person rather than just the part that requires treatment.

C Component 3 Physiological Indicators		
1	Disability	A condition that limits a person's movements, senses or activities.
2	Diversity	a)Recognising and valuing the differences between people b)Treating people's values, beliefs, cultures and lifestyles with respect.
3	Gender role	The role and responsibilities determined by a persons gender.
4	Hierarchy	List of things or people arranged in order of lowest to highest.
5	Identity	How you describe or define yourself.

D Component 1 & 2 Life Span Development & Services and Values		
1	Character traits	Describe a persons disposition and whether they are positive or negative.
2	Domiciliary care	Care and support given at home by a care worker to help with daily life.
3	Informal support	Provided by people who are not paid or trained.
4	Physiological	Relating to the function of parts of the body.
5	Long term	6 months or more.

E Component 3 Physiological Indicators		
1	Short term	Less than 6 months.
2	Targets	Goals or aims.
3	Team	Group of individuals with a shared purpose for which they are accountable.
4	Vulnerable	A person who can be more easily influenced or abused.
5	Role model	Someone a person admires and strives to be like.

F Component 1 & 2 Life Span Development & Services and Values		
1	Lifestyle	The choices that affect health and development e.g. diet and exercise.
2	Milestone	A significant change in development.
3	Norm	Something that is usual, typical or standard.
4	Monitor	To check progress.
5	Aspirations	Hopes and ambitions of achieving something.

HOW CAN PARENTS HELP?

Revision Tips – please see handout

Revision Resources



ISBN 978-1-292-44462-8
Revision Guides and Workbooks

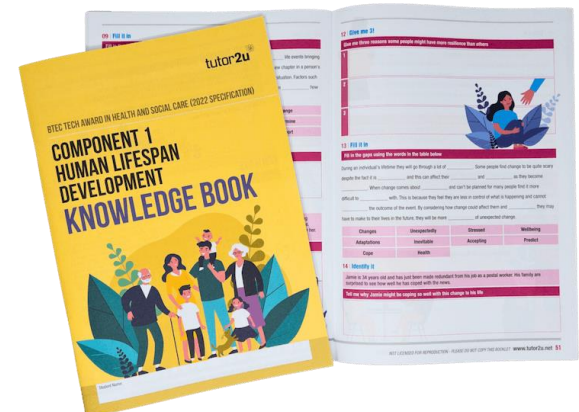
<https://www.cgpbooks.co.uk/secondary-books/btec/health-and-social-care/hs2ebb1-btec-tech-award-in-health-social?c=10056959>



ISBN 978-1-292-43612-8



ISBN 978-1-292-43627-2



<https://www.tutor2u.net/hsc/store/selections/btec-tech-award-in-health-and-social-care-2022-teaching-resources>



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POST-16 OPPORTUNITIES



Health & Social Care

AAQ BTEC National Extended Certificate

This Pearson Health & Social Care course allows students to engage in a broad investigation of various aspects of the health and social care sector. The course will cover following topics: **Human Lifespan and Development**- develop your knowledge and understanding of patterns of human growth and development across different life stages and the concept of holistic development. **Human Biology and Health**- learn how the body is organised into cells, tissues, organs and organ systems and how healthy bodily function is achieved. , **Health and Social Care Practice**- the core values expected of NHS and social care professionals which underpin professional standards, skills and attributes and how these should be applied in practice to meet the needs of individuals in health and social care environments.



Respect
Ambition
Resilience

These courses will provide students with choices and support aspirations in order for them to follow their chosen progression route through to higher education or the workplace.



Early Child Development

AAQ BTEC National Extended Certificate

This Pearson Early Child Development course allows students to engage in a broad investigation of the children's care and education sector (0-8 years). Developing knowledge and understanding of; Children's development, importance of play and learning in development, and health and safeguarding practices, Research findings influence legislation, policy and provisions for children,

Developing skills to support the safeguarding and maintenance of children's safety, (emergencies) children's play and learning experiences (literacy and numeracy), and critical thinking, secondary research and reflective practice.



Respect
Ambition
Resilience

The course supports careers in
Nursing – BSc (Hons) Adult Nursing,
Nursing – Child – BSc (Hons),
Teacher Training – Childhood and Early
Years Studies BA (Hons),
Social Work – BA (Hons) Social Work,
Psychology – Psychology BSc (Hons).
BSc Subjects in **Allied Health**.



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