

WEEKLY MENU

WEEK 3



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Chicken served with
a range of signature
marinades and
seasoned rice



Switch it up with our street food favourites! Ask the team for this week's flavours



Veggie Sausage, Bean & Vegetable Hot Pot with
Crusty Bread, Garlicky Green Beans and Carrots
or Mixed Salad (VG)

Thai Red Chicken Curry & Mixed Rice with
Roasted Sweetcorn and Peppers or Mixed Salad

Roast of The Day, Gravy & Roasties with Seasonal
Greens and Carrots.

Greek-Style Beef Pasta Bake with Carrots,
Cauliflower & Broccoli or Mixed Salad.

Sustainably Sourced Battered Fish & Chips with
Peas and Beans or Mixed Salad **OR** Oven Baked
Sausage & Chips with Peas and Beans or Mixed
Salad

Cheese, Onion & Potato Pie with Wedges, Garlicky
Green Beans and Carrots or Mixed Salad (V)

Thai Red Vegetable Curry & Rice with Roasted
Sweetcorn and Peppers or Mixed Salad (V)

Savoury Veggie Mince, Yorkshire Pudding,
Roasties, Seasonal Greens & Carrots (V)

Chinese-Style Street Rice with Carrots,
Cauliflower & Broccoli or Mixed Salad (VG)

Pizza Selection with Chips/Wedges, Peas &
Beans or Mixed Salad

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day

2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 2



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Chicken served with
a range of signature
marinades and
seasoned rice



Switch it up with our street food favourites! Ask the team for this week's flavours



Jacket Potato with Veggie Sausage & Beans with
Sweetcorn and Green Beans or Mixed Salad (VG)

Korma Style Chicken & Lentil Curry with Rice,
Green Beans and Sweetcorn or Mixed Salad

Roast of The Day, Gravy & Roasties with Seasonal
Greens and Carrots

Sausage & Mash, Caramelised Onion Gravy with
Broccoli, Carrots and Cauliflower (Halal Available)

Sustainably Sourced Battered Fish & Chips with
Peas and Beans or Mixed Salad **OR** Oven Baked
Chicken Fillets.

Jacket Potato & Veggie Chilli with Green Beans
and Sweetcorn or Mixed Salad (VG)

Sweet Potato, Spinach & Chickpea Style Korma
with Mixed Rice, Peas and Mixed Vegetables or
Garden Salad (VG)

Roasted Sweet Potato & Lentil Loaf with a Sticky
Ketchup Glaze, Roast Potatoes, Seasonal Greens
and Carrots (VG)

Thai Style Nut-Free Satay & Rice with Broccoli,
Carrots and Cauliflower (VG)

Pizza Selection with Chips/Wedges, Peas &
Beans or Mixed Salad

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 1



EVERY
TUESDAY

Asian inspired noodles
with a selection of
protein and vegetables



EVERY
WEDNESDAY

Authentic Greek
flatbreads topped with
marinated chicken or
plant-based protein

EVERY
THURSDAY

Chicken served with
a range of signature
marinades and
seasoned rice

CHICK
N'RUN

Switch it up with our street food favourites! Ask the team for this week's flavours



TUE

WED

THU

FRI

BBQ Veggie Meatballs & Steamed Rice with
Broccoli and Sweetcorn.

Sticky Hoi Sin Chicken & Rice with Broccoli,
Carrots and Cauliflower (Halal Available)

Cottage Pie & Gravy with Seasonal Greens and
Carrots

BBQ Chilli Beef & Bean Pasta with Green Beans,
Sweetcorn and Peppers (Halal Available)

Sausage & Chips with Peas and Beans or Mixed
Salad

Turkish-Style Veggie Pizza & Mixed Salad with
Wedges, Broccoli and Sweetcorn (V)

Plant-Based Goulash & Tagliatelle Pasta with
Broccoli, Carrots and Cauliflower (VG)

Veggie Sausage, Tomato & Basil Pasta with
Seasonal Greens and Carrots (VG)

Korean-Style BBQ Bulgogi & Rice with Sweetcorn,
Peppers and Green Beans (VG)

Pizza Selection with Chips/Wedges, Peas &

POT & TASTY

Daily range of ready to go pots including
pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet
treats, served every day

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

V - VEGETARIAN
VG - VEGAN