

Assessment in Key Stage 4 Core Physical Education

- (working towards), = (working on) and + (working beyond)

Competitive Sport Pathway							Fit for Life & Personal Growth Pathways		
Strand	Physical Competency			Personal Development			Pathway for KS5@ Huish Sixth		
Key Concepts	Replication of Skills	Decision making	Evaluating & Improving	Leadership	Character	Health & Well Being			
Working towards	<ul style="list-style-type: none"> My core skills are performed with some consistency and with some accuracy, control and fluency during both small and full games. My advanced skills are performed with limited consistency and often lack accuracy, control and fluency during both small and full games. 	<ul style="list-style-type: none"> I can select and use appropriate skills on some occasions, in response to the strengths and weaknesses of my own and others' performance. I can sometimes apply team strategies/tactics demonstrating some understanding of the activity and rules/regulations. My communication with others is limited. 	<ul style="list-style-type: none"> I can reach judgements only with the help from my teacher as to how my own and others work could be improved with some sport/activity specific technical vocabulary. I can use this information to improve my own and others' performance with some effectiveness. I can evaluate the impact of skills/strategies/tactics/fitness on the quality of a performance for both myself, another performer or team inconsistently. 	<ul style="list-style-type: none"> I lead with some appropriate communication, confidence, organisation and understanding of how. I can appropriately plan and adapt drills, games or fitness activities to meet the needs of some learners in the group. In games-based and athletic activities, I attempt at least 1 role with some success (coach, recorder, measurer, official). 	<ul style="list-style-type: none"> I am organised and ready to learn on some occasions. I can demonstrate good teamwork on some occasions. I am sometimes resilient and motivated to succeed but may give up too easily. I show confidence in some activities, but not all. I can sometimes cooperate well with others, but don't always respect their viewpoint. I can sometimes work independently, but often need support from a peer or the teacher. 	<ul style="list-style-type: none"> I have a basic level of physical fitness and I am active in all lessons (breaks sweat). I can evaluate the strengths and weaknesses of my own/a peer's physical fitness, with some accuracy, using mostly appropriate tests for each component of fitness. I produce a basic PEP containing: <ul style="list-style-type: none"> identification of the skill/component of fitness being improved limited understanding of the principles of training some application of SMART goal setting is present limited evaluation of each session and fitness tests. 	Continue my love for exercise and/or sport into my adult life.	CTech Sport & Physical Activity	A Level Physical Education
Year 10	<ul style="list-style-type: none"> My core skills are performed mostly with consistency and with a good standard of accuracy, control and fluency during both small and full games. My advanced skills are performed with some consistency, with some accuracy, control and fluency during both small and full games. 	<ul style="list-style-type: none"> I can successfully select and use appropriate skills on some occasions in response to the strengths and weaknesses of my own and others' performance. I can apply appropriate team strategies/tactics demonstrating a good understanding of the activity and rules/regulations. My communication with others is good. 	<ul style="list-style-type: none"> I can reach judgements with some help from my teacher as to how my own and others work could be improved with mostly accurate sport/activity specific technical vocabulary. I can use this information to improve my own and others' performance with a good degree of effectiveness. I can evaluate the impact of skills/strategies/tactics/fitness on the quality of a performance for both myself, another performer or team with some consistency. 	<ul style="list-style-type: none"> I lead with a good standard of appropriate communication, confidence, organisation and understanding of how. I can appropriately plan and adapt drills, games or fitness activities to meet the needs of many learners in the group. In games-based and athletic activities, I attempt at least 2 roles with some success (coach, recorder, measurer, official). 	<ul style="list-style-type: none"> I am organised and ready to learn on all occasions. I can demonstrate good teamwork on many occasions. I am resilient and motivated to succeed on many occasions. I may occasionally falter when faced with challenging circumstances. I show confidence in many activities, but not always with the most challenging. I can usually cooperate well with others and respect their viewpoint. I can usually work independently but may occasionally need support from a peer or the teacher during challenging tasks. 	<ul style="list-style-type: none"> I have a good level of physical fitness appropriate to the activity. This enables me to perform effectively. I can evaluate the strengths and weaknesses of my own/a peer's physical fitness, with some accuracy, using appropriate tests for each component of fitness. I produce an accurate PEP containing: <ul style="list-style-type: none"> identification of the skill/component of fitness being improved with some justification some understanding of the principles of training application of SMART goal setting is accurate basic evaluation of each session and fitness tests. 			
Year 11	<ul style="list-style-type: none"> My core skills are performed consistently with a very good standard of accuracy, control and fluency during both small and full games. My advanced skills are performed mostly consistently, with a good standard of accuracy, control and fluency during both small and full games. 	<ul style="list-style-type: none"> I can successfully select and use appropriate skills on many occasions, in response to the strengths and weaknesses of my own and others' performance. I can apply appropriate strategies/tactics demonstrating a very good understanding of the activity and rules/regulations. My communication with others is very good. 	<ul style="list-style-type: none"> I can reach judgements mostly independently as to how my own and others work could be improved with accurate sport/activity specific technical vocabulary. I can use this information to improve my own and others' performance with a very good degree of effectiveness. I can evaluate the impact of skills/strategies/tactics/fitness on the quality of a performance for both myself, another performer or team mostly with consistency. 	<ul style="list-style-type: none"> I lead with a very good standard of appropriate communication, confidence, organisation and understanding of how. I can appropriately plan and adapt drills, games or fitness activities to meet the needs of most learners in the group. In games-based and athletic activities, I attempt at least 2 roles with success (coach, recorder, measurer, official). 	<ul style="list-style-type: none"> I am organised and ready to learn on all occasions. I can demonstrate good teamwork on most occasions. I am resilient and motivated to succeed on most occasions. I rarely falter when faced with challenging circumstances. I show confidence in most activities, even with the most challenging. I can mostly cooperate well with others and respect their viewpoint. I can mostly work independently but may occasionally need peer support during challenging tasks. 	<ul style="list-style-type: none"> I have a very good level of physical fitness appropriate to the activity. This enables me to perform effectively. I can evaluate the strengths and weaknesses of my own/a peer's physical fitness, with accuracy, using appropriate tests for each component of fitness. I produce an accurate PEP containing: <ul style="list-style-type: none"> clear identification of the skill/component of fitness being improved with justification a good understanding of the principles of training application of SMART goal setting is accurate good evaluation of each session and fitness tests. 			
Working beyond	<ul style="list-style-type: none"> My core skills are performed consistently with an excellent standard of accuracy, control and fluency during both small and full games. My advanced skills are performed consistently, with a very good standard of accuracy, control and fluency during both small and full games. 	<ul style="list-style-type: none"> I can successfully select and use appropriate skills on nearly all occasions, in response to the strengths and weaknesses of my own and others' performance. I can apply appropriate strategies/tactics demonstrating an excellent understanding of the activity and rules/regulations. My communication with others is excellent. 	<ul style="list-style-type: none"> I can reach judgements independently as to how my own and others work could be improved using highly accurate sport/activity specific technical vocabulary. I can use this information to improve my own and others' performance with a high degree of effectiveness. I can consistently evaluate the impact of skills/strategies/tactics/fitness on the quality of a performance for both myself, another performer or team. 	<ul style="list-style-type: none"> I lead with an excellent standard of appropriate communication, confidence, organisation and understanding of how. I can appropriately plan and adapt drills, games or fitness activities to meet the needs of all learners in the group. In games-based and athletic activities, I attempt at least 3 roles with success (coach, recorder, measurer, official). 	<ul style="list-style-type: none"> I am organised and ready to learn on all occasions. I can demonstrate good teamwork on all occasions. I am always resilient and motivated to succeed. I rarely falter when faced with challenging circumstances. I show confidence in all activities, even with the most challenging. I always cooperate well with others and respect their viewpoint. I can always work independently and rarely, if ever, require support during challenging tasks. 	<ul style="list-style-type: none"> I have an excellent level of physical fitness appropriate to the activity. This enables me to perform highly effectively. I can evaluate the strengths and weaknesses of my own/a peer's physical fitness, with accuracy, using appropriate tests for each component of fitness. I produce a detailed and accurate PEP containing: <ul style="list-style-type: none"> clear identification of the skill/component of fitness being improved with full justification an excellent understanding of the principles of training application of SMART goal setting is detailed and accurate detailed evaluation of each session and fitness tests. 			