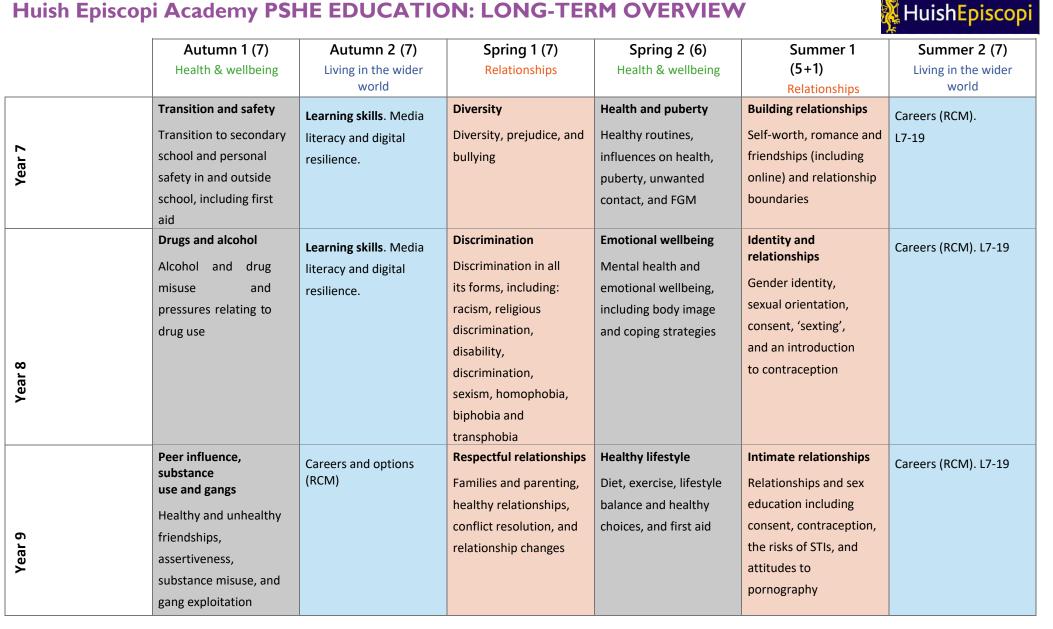
## Huish Episcopi Academy PSHE EDUCATION: LONG-TERM OVERVIEW



Year 10	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Learning skills. Media literacy and digital resilience. Work Experience (1 hour). UniFROG. (RCM).	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work Experience. Post 16. Careers (RCM)
Year 11	Careers (RCM). L4-21	Building for the future Self-efficacy, stress management, and future opportunities	Communicati on in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	